



 **safeTALK**  LIVINGWORKS
Suicide Alertness for Everyone

Presented by Michelle Graeber (CEO) and Renee Tsatsis (Helpline Coordinator)

In this 3.5 hour workshop, you will learn how to become a suicide alert helper and be better prepared to:

- Notice and respond to situations in which thoughts of suicide may be present
- Apply basic TALK steps (Tell, Ask, Listen, & KeepSafe)
- Connect the person with thoughts of suicide to suicide first aid resources and further community resources

safeTALK is run by registered LivingWorks trainers and uses internationally standardized learning materials.

2019 Dates:

Wednesday 6th March, 10.00am – 1.30pm

Wednesday 7th August, 6.00 – 9.30pm

Wednesday 5th June, 10.00am – 1.30pm

Tuesday 10th September, 10.00am – 1.30pm

Venue: ARCVic, 292 Canterbury Road, Surrey Hills

Fee: \$90 / \$50 ARCVic Members

For further information or to register contact the
ARCVic Office – 9830 0566 or Helpline – 9830 0533 / 1300 269 438
email - rtsatsis@arcvic.org.au web: www.arcvic.org.au