

OBSESSIVE-COMPULSIVE DISORDER RESEARCH



Obsessive-Compulsive Disorder (OCD) is a debilitating condition that affects around 2% of the population. We are seeking people with a diagnosis of OCD to participate in a study that will explore the underlying processes involved in the disorder.



What will participation involve?

- Completing a screening interview and questionnaire about symptoms of OCD, depression, reasoning, intrusive thoughts, and the views you hold about yourself at Deakin University's Burwood campus. This will take approximately 40 to 50 minutes.
- Monitoring your intrusive thoughts via an app over two weeks and responding to some questions about them (e.g., the extent to which you feel they are important to you). Use of the app will add up to approximately 10 minutes per day, or 140 minutes in total over the two-week period.
- Selected participants will also be invited to participate in a follow-up one-on-one, face-to-face interview. This will run for approximately 45 minutes to one hour. If you are interested in taking part in a follow-up interview, you can provide your consent to be contacted when you sign up for the first part of the study.

What else do I need to know?

- In order to participate, **you must have a diagnosis of OCD, and be receiving psychological and/or pharmacological treatment.**
- **You must be 18 years or above, speak fluent English, and use a smartphone (i.e., Android or iPhone).**
- Some questions about sensitive topics will be asked in this study. If you are uncomfortable with this, you may wish not to participate.
- **Participants will receive a \$20 Coles voucher in recognition of their time. Participants taking part in subsequent face-to-face interviews will receive an additional \$20 Coles voucher.**

If you are interested, please contact Tess Jaeger: tmjaeger@deakin.edu.au

This study has received Deakin University ethics approval (reference number: 2018-262)

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