

Membership Application Form

Title: Ms Mrs Mr Dr Other _____ First Name _____ Surname _____

Address _____ PostCode _____

Profession (if applicable) _____ Organisation Name _____

Telephone (BH): _____ Telephone (AH) _____

Mobile: _____ Email _____

What is your connection with anxiety disorders or other mental health problems?

- Consumer Carer Family member Friend Mental Health Professional Primary Care Health Professional
 Teacher/Academic Student General interest Other _____

What is your occupation? (optional) _____

Membership fees

- | | | |
|--|---------|---|
| <input type="checkbox"/> Individual membership | \$30.00 | <input type="checkbox"/> New membership |
| <input type="checkbox"/> Family membership | \$40.00 | |
| <input type="checkbox"/> Organisation/Corporate membership | \$50.00 | |
| <input type="checkbox"/> Concessional membership* | \$15.00 | |
| <input type="checkbox"/> ARCVic Volunteer membership | \$10.00 | |

*Proof required for concession - please send photocopy of pension, health care, seniors or full-time student card.

Donation \$ _____

(All donations of \$2.00 or more are tax deductible)

Total payment \$ _____

Payment by: Cash (only in person)
 Cheque or Postal Order (payable to OCAD Foundation Inc. Vic.)
 MasterCard Visa

Card Number ____ / ____ / ____ / ____ Expiry Date ____ / ____

Signature of Cardholder _____ Name of Cardholder _____

Membership Information:

If you are applying for organisational or family membership, the individual's name on this form will be accepted as the official representative who will be sent the Newsletters, and will hold the right on behalf of the organisation or family to vote at Annual General Meetings and to nominate for membership of the Committee of Management. Reduced fees to ARCVic seminars and conferences will be provided to the representative, and up to 3 paid or voluntary staff for organisations, and all members of the immediate family for family membership. Membership fees are due annually. A renewal notice will be sent to members prior to the annual due date. Memberships that are not renewed within 40 days following the due date will be cancelled. Membership is GST free as the fees charged are less than 50% of the market value of membership.

I/We wish to become a member of the Anxiety Recovery Centre Victoria / Obsessive Compulsive & Anxiety Disorders Foundation of Victoria (Inc.). Completion of this membership form is a requirement of the constitution of the OCAD Foundation. The rules of membership require that new members details are tabled at a Committee of Management meeting for acceptance. Personal information provided in this form will be kept strictly confidential to the OCAD Foundation and will not be released to any body or corporation outside of the OCAD Foundation. In the event of my admission as a member, I agree to be bound by the Constitution of the Foundation, which is available on request, and consent for my details to be used as outlined above.

Signature of Applicant _____ Date _____

- Please do not send me ARCVic mailouts about upcoming events and programs
 Please do not send me information about research projects supported by ARCVic

Post membership form to:
ARCVic PO Box 367 Canterbury 3127 or fax: 03 9830 4793



Why become a member of the Anxiety Recovery Centre Victoria (ARCVic)?

ARCVic represents the needs and experiences of people and families affected by anxiety disorders to the community, professionals, health and mental health services, academic researchers, the government and media.

ARCVic provides essential support, information, education and recovery services for people living with anxiety disorders.

ARCVic is a centre of expertise in anxiety disorders and works closely with consumers, carers, families, professionals, service providers, organisations and government bodies to provide high quality and effective evidence-based services.

Through your membership of ARCVic you receive :

subscription to 'Anxiety Matters' – ARCVic's quarterly news journal;

(3 – 4 issues per year including up to date information, Australian & International articles on anxiety disorders, treatment and recovery skills)

discounts for ARCVic educational seminars & conferences;

mailouts about up-coming ARCVic events and information about current research projects;

voting rights at the Annual General Meeting and right to be nominated for a Committee of Management position;

borrowing rights to ARCVic's resource centre and library;

the opportunity to join ARCVic's team of volunteers and add your voice and skills to the work of ARCVic.

Through your membership of ARCVic you give :

vital financial and moral support to an organisation dedicated to making a positive difference in the lives of people with anxiety disorders;

hope to the thousands of people affected by anxiety disorders – because they will know they are not alone – and that others care and want to help them achieve a better quality of life.

We need you!

To join ARCVic, please complete the membership form and return to :

ARCVic
PO Box 367 Canterbury 3127 or
Fax: 03 9830 4793

For further information contact ARCVic Office Line 03 9830 0566 or email arcmail@arcvic.org.au
For help and support contact ARCVic OCD & Anxiety HelpLine 03 9830 0533 or 1300 ANXIETY

Thank you for your support

About ARCVic

ARCVic was established in Victoria in 1987 by a group of people with anxiety disorders and family members who recognised the importance of peer and family support in breaking down the isolation, alienation, confusion and despair that affect many people and families living with anxiety disorders.

The first goal of the group was therefore to provide activities and services that helped people to feel connected, supported and hopeful.

This goal has continued to provide the impetus for the growth and development of the organisation over the next eighteen years, leading to the establishment of a state-wide network of support groups, a telephone support helpline, social groups, support networks, recovery and educational programs, conferences and seminars and many other activities.

Over the years, ARCVic has helped and supported more than 60,000 people living with anxiety disorders, and has also assisted several thousand professionals and organisations through educational activities, professional development, research support and consultations. In recognition of the need for ARCVic's services to the community, ARCVic was funded by Human Services Victoria in 1996 and integrated into the Psychiatric Disability Rehabilitation and Support Services of Victoria's mental health system. ARCVic continues to be an independent, non-profit organisation, and relies on the essential support of its members and volunteers to provide services to the more than 600,000 adults and children in Victoria with anxiety disorders, and their families.

ARCVic's mission is to foster the emotional, mental and social well-being of people living with anxiety disorders; and to empower people with support, knowledge and skills that will build resilience and recovery, and reduce the impact of anxiety disorders on people's lives.

ARCVic's Committee of Management includes consumers, carers and professionals. ARCVic has partnerships and active working relationships with peak mental health organisations and networks, psychology/medical departments in Universities and Hospitals, and other agencies, clinics and community health and mental health services. Many mental health professionals are actively involved in ARCVic's work and services, and collaborate in various research projects and educational activities. ARCVic maintains associations with other anxiety disorders organisations that operate interstate and overseas.

www.arcvic.org.au